

MEDOC 26

Middle East

ENDOCRINE, Diabetes & Obesity



CONGRESS

 28-31
Jan 2026



Park Hyatt Hotel
Jeddah

FOR REGISTRATION:

WWW.MEDOC26.COM



OBESITY MANAGEMENT WORKSHOP

Chairperson: **Fahad Alqahtani & Abdulrahman Alshaikh**

09:00 - 09:25	The interlink between the coming pandemics: Obesity & MASH Hussein Elbadawi
09:25 - 09:50	CVD and Obesity Abdulhalim Kinsara
09:50 - 10:15	The Effectiveness of Obesity Management Interventions Khalid Alfares
10:15 - 10:20	Q & A
10:20 - 10:30	Networking
10:30 - 10:55	The future of AoMs in chronic weight management Ali Alshehri
10:55 - 11:20	Syndromic Obesity; How to Diagnose and Act? Hussein Elbadawi
11:20 - 11:45	SS
11:45 - 11:55	Q & A
11:55 - 12:00	Conclusion

CARDIO-KIDNEY METABOLIC WORKSHOP

Chairperson: **Abdulhameed Hassan & Ali Sultan**

13:00 - 13:25	Dyslipidemia Management: What guidelines Say Hend Alzanbaqi
13:25 - 13:50	SGLT2 inhibitors in kidney disease and heart failure Ayman Morsi
13:50 - 14:15	How Low Should We Go with LDL-c? Mirvat Alasnag
14:15 - 14:20	Q & A
14:20 - 14:30	Networking
14:30 - 14:55	Comprehensive Cardiorenal Metabolic care Saud Alsifri
14:55 - 15:20	Interactive Clinical Case-Based Discussion Nasser aljuhani
15:20 - 15:55	SS
15:20 - 15:30	Discussion & Closing

DAY 1 THURSDAY

29th Jan 2026

08:00 – 09:00

REGISTRATION & BREAKFAST

Chairperson: **Siraj Mira & Tarif Zawawi**

09:00 – 09:30	Beyond HbA1c: Redefining Glycemic Control in the Era of CGM & Automated Insulin Delivery	Hadeel Iskandar
09:30 – 10:00	Anti-Obesity Medications in Chronic Weight Management	Ali Alshehri
10:00 – 10:30	Opening Ceremony and Exhibition	

10:00 – 10:30

OPENING CEREMONY AND EXHIBITION

Room A:
Clinical Practice Symposium: **Diabetes T2**

Chairperson: **Ghada Elkhateb & Badriah Albeirut**

10:30 – 10:50	Glucocorticoids induced Diabetes	Reem Alamoudi
10:50 – 11:10	Insulin-Based Therapy in T2D: When to consider & how?	Khalid Alfares
11:10 – 11:30	De-intensification of insulin therapy	Nasser Aljuhani
11:30 – 11:50	Management of Hypertension in People with Diabetes	Abdulqawi Almansari
11:50 – 12:10	Shingles: Unmasking A Silent Threat for Older Adults with Diabetes (GSK)	Ashraf Amir
12:10 – 12:20	Q & A	

12:20 – 13:00 **BREAK**

Room A:
Meet The Expert:
Obesity

Chairperson:
Samia Bokhari & Moneer Alamri

13:00 – 13:20	Post bariatric Osteoporosis	Salwa Alaidarous
13:20 – 13:40	Menopausal Hormone Replacement Therapy: Yes OR no?	Wedyan Aboznadah
13:40 – 14:00	Vitamin D Deficiency: Diagnosis & Management	Naji Aljohani
14:00 – 14:10	Q & A	

Room B:
Meet The Expert:
Diabetes T1

Chairperson:
Abdulaziz Altwaim & Hamed Alghamdi

13:00 – 13:20	SGLT2i and GLP1 Agonist use in T1DM	Saad Alzaharani
13:20 – 13:40	MODY: When to suspect & how to manage?	Nassem Al Yahyawi
13:40 – 14:00	Incretin Receptors Mechanism and Clinical Impact on Weight	Abbas Orabi
14:00 – 14:10	Q & A	

14:10 – 14:30 **BREAK**

DAY 1 THURSDAY

29th Jan 2026

Chairperson: **Afaf Alshammary & Saeed Youldash**

14:30 -15:00 Updates in Diabetes guidelines
Marc Evans

15:00 -15:20 Fasting Ramadan Safely (FRS)
Abbas Orabi

15:20 -15:40 Management of Prolactinoma
Hussein Raef

15:40 -16:00 Role of PCSK9 Inhibitors in ASCVD Patients
Mohammed Almehthel

16:00 -16:20 SS

16:20 -16:30 Q & A

16:30 -17:30 LUNCH

DAY 2 FRIDAY

30th Jan 2026

08:30 – 09:30

REGISTRATION & BREAKFAST

Chairperson: **Tariq Nasser & Hadeel Iskandar**

09:30 - 10:00 **Screening for Microvascular Complications of Diabetes**
Lamia Alzubaidi

10:00 - 10:30 **Management of Cardio-Kidney Metabolic Disease**
Marc Evans

10:30 - 10:40 **BREAK**

Room A: Clinical Practice Symposium Technology

Chairperson:
Bandar Damanhuri & Faisal Aljuhani

- 10:40 – 11:00 **Innovations in Type 1 Diabetes Management: Islet Cell Transplant**
Abdulmohsen Bakhsh
- 11:00 – 11:20 **Advances in Hybrid closed loop systems**
Hawazen Zarif
- 11:20 – 11:40 **Impact of CGM in Diabetes Management**
Mohammed Almehtel
- 11:40 – 12:00 **SS**
- 12:00 – 12:15 **Q & A**

Room B: Clinical Practice Symposium Pituitary & Adrenal

Chairperson:
Hamzah Sab

- 10:40 – 11:00 **Diagnosis & Management of Acromegaly**
Osamah Hakami
- 11:00 – 11:20 **Cushing's disease management**
Dalal Almehtadi
- 11:20 – 11:40 **Decoding Low TSH: Where Patience Meets Precision**
Ghada Alkhatib
- 11:40 – 12:00 **SS**
- 12:00 – 12:15 **Q & A**

12:15 – 13:00 **PRAYER**

Room A: Meet The Expert: Diabetes T2

Chairperson:
Lamia Alzubaidi & Mohammed Salah

- 13:00 – 13:20 **Remission of T2D: Is it a reality?**
Marc Evans
- 13:20 – 13:40 **Updates in Diabetes and Ramadan**
Hala Mousli
- 13:40 – 14:00 **Incretin-Based Therapy and SGLT2i in T2D: When to combine?**
Abdulraof Mahfouz
- 14:00 – 14:20 **Treatment Simplification in Management of T2 Diabetes**
Hussein Elbadawi
- 14:20 – 14:30 **Q & A**

Room B: Meet The Expert: Obesity

Chairperson:
Khalid Alshali & Dina Khawandanah

- 13:00 – 13:20 **Is there a place for Bariatric surgeries in Obesity Management**
Ali Almontashery
- 13:20 – 13:40 **Management of Obesity in Children & adolescents**
Abdulaziz Alsaedi
- 13:40 – 14:00 **Post Bariatric surgery: Evaluation & Management**
Ali Alshehri
- 14:00 – 14:20 **SS**
- 14:20 – 14:30 **Q & A**

14:30 – 14:40 **BREAK**

DAY 2 **FRIDAY**

30th Jan 2026

Chairperson: **Fahad Sabaan & Moneera Alshareef**

- | | |
|----------------------|--|
| 14:40 - 15:00 | DKD progression: challenges & approaches
Saeed Alghamdi |
| 15:00 - 15:20 | Managing CVD risk in People with Diabetes
Raed Aldahash |
| 15:20 - 15:40 | Anti-Diabetic Agents Beyond Glucose control
Marc Evans |
| 15:40 - 16:00 | TIR as a target for Diabetes Management
Naweed Alzaman |
| 16:00 - 16:20 | SS |
| 16:20 - 16:40 | SS |
| 16:40 - 17:00 | Q & A |
| 17:00 - 17:15 | LUNCH |

DAY 3 SATURDAY

31st Jan 2026

08:00 – 09:00

REGISTRATION & BREAKFAST

Chairperson: **Shadi Almoziny – TBC**

09:00 – 09:30 **Thyroid Eye disease : An overview**
Raad Alwithenani

09:30 – 10:00 **Dyslipidemia treatment beyond statin**
Kamal Alghalayini

10:00 – 10:30 **SS**

10:30 – 10:50 **BREAK**

Room A:

Clinical Practice Symposium – Metabolic bone / Adrenal

Chairperson:

Dalal Almehmadi & Abdulrahman Alshili

10:50–11:10 **Glucocorticoid induced Adrenal insufficiency**
Amani Alhozali

11:10–11:30 **Treatment of Osteoporosis in Post-menopausal women**
Yousef Alsaleh

11:30–11:50 **Puberty induction: What, when and how?**
Ibrahim Alalwan

11:50–12:10 **SS**

12:10–12:20 **Q & A**

12:20 – 13:00 **BREAK**

Chairperson: **Saud Alsifri & Mohammed Alshennawi**

13:00 – 13:30 **Challenges in Management of Familial Hypercholesterolemia**
Mohammed Aldubayee

13:30 – 14:00 **Obesity Impact on Health and Economy**
TBC

14:00 – 15:15

Open Panel Discussion: Reimbursement and Health Insurance for People with Diabetes and Obesity

- Abdulrahman Alshaikh
- Marc Evans
- David Strain
- Fahad Almehmadi

- Shadi Almoziny
- Abdallah Alkhenizan
- Yaser Albarakah

15:15 – 15:30 **CLOSING REMARKS AND ANNOUNCEMENT**

15:30 – 16:30 **LUNCH**